



RESOURCE

FAMILY LIFE RESOURCE CENTER

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Family Life Resource Center

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*"Counseling
for hope,
health and
healing"*

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A FREE SEMINAR LED BY BRAD HUDDLESTON, local author of the revealing book, **"The Dark Side of Technology,"** will be held at FLRC Tuesday, October 11 from 7-8 pm. Huddleston is a local evangelist as well as a computer media consultant, and his power point presentation will be extremely helpful to parents, teachers, pastors, therapists and others who are concerned about the effects of media on children and on all of us. Subjects will include teen cell phone use, Facebook and other social media, internet pornography, and the effect that excessive use of technology has on the brain. The seminar is offered on a **freewill offering basis**, and Brad's book will be available for purchase and for signing. **Register early** for this informative session!

SOME FREE COUNSELING is available at FLRC for people without health insurance or who otherwise cannot afford it. Andrew Johnston, a former pastor of the Atlanta Mennonite Fellowship who is completing his master's degree in counseling at EMU, and Robin Zook, a fellow student in the program, are providing this service as FLRC interns.

HILARY BIERLY, LCSW, has accepted a position as a part-time counselor at FLRC beginning early December, where she will specialize in working with women, adolescents, children, Medicare clients and substance abuse clients. She has previous experience working in a variety of counseling settings, including as a public school guidance counselor. We welcome her to our staff.

IF YOU ARE EXPERIENCING A LOSS: Family Life Resource Center is helping to facilitate a DVD-based GriefShare group on Mondays, 9/12 to 12/19 from 7-8:30 p.m., hosted by Grace Covenant Church, 3337 Emmaus Road. GriefShare is a weekly seminar and support group for anyone who is grieving the loss of a loved one. The sessions are being led by our EMU Graduate Counseling Interns, Andy Johnston & Robin Zook. Participants should start no later than early October but inquiries to join at a later time will be considered. To register, please contact Grace Covenant Church at 540-433-9244 and ask to speak with Beverly or Anne.

