



RESOURCE

FAMILY LIFE RESOURCE CENTER

FLRC WELCOMES SHON TUCKER, LPC, to its staff as a full time **child therapist**. She and her husband Jack live in Mt. Solon and are parents of two grown sons. Shon brings a background of thirty years of experience as a public school guidance counselor.

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Family Life Resource Center

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*"Counseling
for hope,
health and
healing"*

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Harvey Yoder

WE BID A SAD FAREWELL TO DOROTHY HOTTLE, retiring as of December 31 after having been at FLRC the past 18 years as our capable and efficient office manager. She will be missed by the many clients and staff members who have been blessed by her warm spirit and helpful support.

Dorothy is being replaced by **MARIE BRADLEY**, a licensed notary who has had fifteen years of extensive experience in accounting and office management in several firms in our area. She and her husband Larry are parents of three elementary age students and live in nearby Elkton. Welcome!

THREE-DAY RECOVERY OF HOPE INTENSIVE SESSIONS for couples in marital distress can be arranged at the Center, led by Mark Sensabaugh, a licensed marital and family therapist at FLRC, and Kristy Koser, an MA Resident in Counseling with Horizons Counseling. For more information, contact Mark at 434-8450 or mark@flrc.org.

OUR ANNUAL SPRING FUNDRAISER BANQUET has been set for Saturday, May 14. Mark it on your calendar!

*"May the blessing of the rain be on you—
the soft sweet rain.*

*May it fall upon your spirit
so that all the little flowers may spring up,
and shed their sweetness on the air.*

*May the blessing of the great rains be on you,
may they beat upon your spirit
and wash it fair and clean,
and leave there many a shining pool
where the blue of heaven shines,
and sometimes a star."*

- an ancient Irish blessing

FLRC's "Centerpiece" radio spots

WEMC 91.7 FM WBTX 1470 AM WNLN 1150 AM
11:58 am (M-F) 9:20 am 4:20 pm (M-F) 11:28 am (M,W,F)
7:58 am Sunday Thanks to sponsors Swope Auto Sales at Linville
(WBTX) and the Cheese Shop at Stuarts Draft (WNLN)

Some spots and other posts can be accessed at <http://harvyoder.blogspot.com>

FUTURE EVENTS (Call 434-8450 for more information or to register)

A PREPARE/ENRICH TRAINING will be held at FLRC **Saturday, January 22**, from 8:30 a.m. to 3:30 p.m. designed to qualify pastors, marriage educators, marriage mentors, lay counselors and others to administer the Prepare-Enrich marital and premarital assessments and provide feedback to couples. The cost per person is \$175 (*includes a Resource Kit*), and for couples sharing a resource kit, \$275. **Registration is to be made with payment by January 8.** Seminar Director will be Mark Sensabaugh LPC, LMFT. CE credits available. *For more information on PREPARE/ENRICH go to www.prepare-enrich.com*

MARRIAGE MAINTENANCE, a four-session seminar for couples that focuses on *"Four Healthy Habits of Happily Married Couples,"* is led by Harvey Yoder and meets Mondays from 7-8:30 **beginning January 17.** A freewill offering is taken to benefit the Center in lieu of a fee for the class. The text, *Lasting Marriage, the Owners' Manual*, is \$10.

POSITIVE PARENTING, led by Shon Tucker and Harvey Yoder, meets five Mondays, at 7-8:30 pm, **beginning February 28.** Cost is \$40 per person (\$70 for two persons from the same household), and includes a copy of the text, *Common Sense Parenting.*

TRANS-PARENTING teaches divorced parents and other family members better ways of helping children deal with the pain and distress of being a separated family. This four-hour workshop is mandated for divorcing parents by the Virginia court system and is offered at FLRC from 8-12 am on the third Friday and the third Saturday of each month.

THANK YOU FOR HELPING FLRC HELP OTHERS!
Your tax-deductible contributions help support counseling services for low income individuals and families.

___ \$1000 ___ \$500 ___ \$250 ___ \$100 ___ \$50 \$ _____

Name _____

Address _____